Educational Excursive Athletic club
MEAS TRITON of Thessaloniki

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INVITATION TO PARTICIPATE IN THE 14th INTERNATIONAL THESSALONIKI NIGHT HALF MARATHON – ZeniΘ, 10km, 5km HEALTH AND POWER WALKING RACE AND FAMILY MILE (1609,34m) OCTOBER 17th 2026

MEAS TRITON, with the institutional cooperation of the Municipality of Thessaloniki, the support of the Municipalities of Ampelokipoi–Menemeni, Kordelio–Evosmos, and Pavlos Melas, and the institutional support of the SEGAS federation and the SEGAS Athletics Association of Thessaloniki, under the auspices of the Ministry of Macedonia and Thrace, the Region of Central Macedonia, the Ministry of Education, Religious Affairs and Sports – General Secretariat of Sports, the Ministry of Tourism – Greek National Tourism Organization, the Ministry of National Defence, and the Hellenic National Commission for UNESCO, announces and organizes the **14th International Thessaloniki Night Half Marathon – ZeniΘ, as well as the 10km Health and Power Walking Race and 5km Health and Power Walking Race, as well as the Family Mile**

The organization follows the General Regulation of Organizing and Conducting Championships and Races, which is composed by SEGAS, and it is conducted according to the regulations of World Athletics.

All the races will be conducted according to the regulations outlined below:

1. Date of Conduction
Saturday, October 17th 2026

2. Start – Finish

a) **Halfmarathon:** on 26th October Street (Region of Central Macedonia area).
b) **10km Race:** on 26th October Street (Region of Central Macedonia area).
c) **5km Race:** within the Thessaloniki Port Authority (ThPA).
d) **Family Mile:** within the Thessaloniki Port Authority (ThPA).

Finish: Nikis Avenue, at Aristotelous Square.

3. Race Information:

1. Halfmarathon (21,100m)

Starting time: 19:30

Route description: The start of the Half Marathon is located on 26th October Street, in the area of the Region of Central Macedonia. The Half Marathon route runs along the following streets: 26th October Street, then Dendropotamou Street. A turnaround is made on Dendropotamou Street, at the level of the Ampelokipoi Municipal Stadium (4.25 km), and then the runners proceed along Dendropotamou Street and 26th October Street toward Thessaloniki. A turnaround is then made on 26th October Street, at the level of the Region of Central Macedonia (8.42 km). The runners then continue along 26th October Street, Dendropotamou Street, and Marinou Antypa Street. A turnaround is then made at the level of Karaoli and Dimitriou Street (13.62 km). The runners then head toward the finish, proceeding along Marinou Antypa, Dendropotamou, and 26th October Streets. Then, at the 19.30 km mark, they

enter the Thessaloniki Port Authority (Gate 11), run along Averof Street (within the ThPA), and, exiting through the ThPA Gate (20.57 km), they enter and proceed along Nikis Avenue, where they finish at the level of Aristotelous Square.

For further details about the route, as well as the support for participating runners, visit the official website of the organization: www.thesshalfmarathon.org ,www.thesshalfmarathon.gr

2. 10.000m Health and Power Walking Race

Starting time: 18:40

Route description: The start of the 10 km Race is located on 26th October Street, in the area of the Region of Central Macedonia. The 10 km route runs along the following streets: 26th October Street, where a turnaround is made at the median by the Porto Palace Hotel (0.87 km). The runners then proceed along 26th October Street toward Thessaloniki and make a turnaround at the median by the Region of Central Macedonia (1.62 km). The runners then continue along 26th October Street and Dendropotamou Street. A turnaround is then made by Chatzikou Street (4.77 km). The runners then head toward the finish, proceeding along Dendropotamou and 26th October Streets. Then, at the 8.41 km mark, they enter the Thessaloniki Port Authority (Gate 11), run along Averof Street (within the ThPA), and, exiting through the ThPA Gate (9.68 km), they enter and proceed along Nikis Avenue, where they finish at Aristotelous Square.

For further details about the route, as well as the support for participating runners, visit the official website of the organization: www.thesshalfmarathon.org ,www.thesshalfmarathon.gr

3. **5.000m Health and Power Walking Race**

Starting time: 17:10

Route description: The start of the 5 km Race is located within the facilities of the Thessaloniki Port Authority, on Averof Street. The 5 km route runs along Averof Street. The runners then exit through Gate 11 (ThPA), turning left onto 26th October Street. A turnaround is then made at the median by the Porto Palace Hotel (1.99 km). They then proceed along 26th October Street toward Thessaloniki and re-enter the Thessaloniki Port Authority through Gate 11 (3.18 km). They then continue along Averof Street (within the ThPA), exit through the ThPA Gate (4.49 km), and enter Nikis Avenue, where they finish at Aristotelous Square.

For further details about the route, as well as the support for participating runners, visit the official website of the organization: www.thesshalfmarathon.org ,www.thesshalfmarathon.gr

4. **Family Mile (1609,34m)**

Starting time: 17:00

Route description: The start of the Race is located within the facilities of the Thessaloniki Port Authority (ThPA), and the finish is on Nikis Avenue, at Aristotelous Square.

For further details about the route, as well as the support for participating runners, visit the official website of the organization: www.thesshalfmarathon.org ,www.thesshalfmarathon.gr

4. Age limit

A runner should be over 18 years old to participate in the Half Marathon race and over 12 years old to participate in the **10km Health and Power Walking Race and 5km Health and Power Walking Race**.

Marchers are allowed to participate only in the 10.000m Health and Power Walking Race and in the 5.000m Health and Power Walking Race.

There is no age restriction on the Family Mile.

5. Awards – Prize money

5.1. Awards

Medal Awards (medals and certificates) will be awarded to the first three winners of the general rank of each race of the official race program for both Men and Women. Cups will be awarded only to the first Man and the first Woman of each race.

Souvenir medals will be given to all the runners who finish the race. The certificates of participation will be available on the official website:

www.thesshalfmarathon.org , www.thesshalfmarathon.gr

5.2. Prize money

- **The first 3 winners of the general rank will be awarded:**

Position	Men	Women
1	**500€**	**500€**
2	**400€**	**400€**
3	**300€**	**300€**

The athletes who will be ranked in these positions are entitled to the prize funds only if they have achieved a record under 1:14:00 for Men and under 1:30:00 for Women.

- **The first three winners of the general classification of the 10.000m. Health and Power Walking Race will be awarded:**

Position	Men	Women
1	**200€**	**200€**
2	**150€**	**150€**
3	**100€**	**100€**

All the above funds – prizes of athletes are subject to 20% deduction, according to the Greek legislation.

6. Registration – Ways to register – Registration types

6.1. Registration

The registration deadline for the Half Marathon Race, the 10km Health and Power Walking Race, the 5km Health and Power Walking Race and the Family Mile Road race is on Wednesday, September 23th 2026.
The group registration deadline for the Half Marathon Race, the 10km Health and Power Walking Race, and the 5km Health and Power Walking Race is on Friday, September 18th 2026.

6.2. Ways to register

You can register:

a) **Online:** **www.thesshalfmarathon.org**, **www.thesshalfmarathon.gr**
b) **in person:** at the Central Offices of the International Marathon "ALEXANDER THE GREAT", National Kaftanzoglio Stadium, Extension of Agiou Dimitriou Street, tel.: (+30)2310.200360

6.3. Registration types:

a) **Individual registration:** it is completed by each person individually. Runners should show their identity card and, in case of a discount package, any necessary document (student ID card), for the race package pickup. In case of picking up the race package on

behalf of another runner, it is necessary to show a photocopy of his/her identity card. The underage runners have to show or send their ID or any other relevant official personal document.

b) **Team/group registration:** 10 people or more, without limitation for the selection of race. This kind of registration addresses athletic clubs, runners' clubs, gyms, companies, schools, public and private organizations, tour operators, and simple groups of people who wish to participate as a team. **The discount provided for the team/group registration is 5 euros per registration, both for the Half Marathon the 10km, and the 5km Race**. The team should have a leader, either runner or not. **The leader represents the group in any case.** The leader should show his/her identity card for the race package pickup. If the leader cannot pick up the race package himself, he must officially inform the organization of his/her replacement. The leader is responsible for providing the necessary information to the parents/guardians in case there are underage runners on the team.
For further information concerning the **team/group registration,** you can contact us at +30 2310 200.360.

c) **Social Offer Registration:** In the context of the Social Offer Program there is the possibility of getting registered and supporting one of the Social Offer Institutions that participate in the event and create their running team. **Individual runners or groups who wish to participate in this program should check them on the official website and contact them to enter their running team (no discount packages).** The amount of 5 euros per person is donated to the institution.

7. Participation fee

7.1. Basic Package – fee

	Individual	Group	Discount *
Halfmarathon	25€	20€	20€
10km	20€	15€	15 €
5km	20€	15€	15 €
10k - 5k Double entry	30€	-	-
Family Mile	15€	10€	-

The discount package addresses students (up to 30 years old) and the student's id must be sent on email or fax, right after the registration. The discount package is not valid for the Family Mile.

7.2. Advanced Package – fee

	Individual	Group
Halfmarathon	50 €	45 €
10km	45 €	40 €
5km	45 €	40 €

7.3. Full Package – fee

	Individual	Group
Halfmarathon	**75€**	**70€**
10km	**70€**	**65€**
5km	**70€**	**65€**

7.4. Runner's kit

7.4.1. Basic Package – runner's kit

Halfmarathon	Technical t-shirt, bib number, timing chip, finisher's medal, water, energy drink, energy gel, juice, alcohol-free beer, iced tea, salted snack, cereal bar, banana, medical services, certificate of participation (on the official website).
10km	Sponsor's T-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).
5km	Sponsor's T-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).
Family Mile	Sponsor's T-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).

7.4.2. Advanced Package – runner's kit

Halfmarathon	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels,** technical t-shirt, bib number, timing chip, finisher's medal, water, energy drink, energy gel, juice, alcohol-free beer, iced tea, salted snack, cereal bar, banana, medical services, certificate of participation (on the official website).
10km	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels,** sponsor's T-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).
5km	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels,** sponsor's T-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).

7.4.3. Full Package – runner's kit

Halfmarathon	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels, Ronhill Running Stretch Arm Pocket, CEP Running hat, tourist information material**, technical t-shirt, bib number, timing chip, finisher's medal, water, energy drink, energy gel,

	juice, alcohol-free beer, iced tea, salted snack, cereal bar, banana, medical services, certificate of participation (on the official website).
10km	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels, Ronhill Running Stretch Arm Pocket, CEP Running hat, tourist information material**, sponsor's t-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).
5km	**Sports backpack, Ronhill wrist bottle, Ronhill elastic belt for gels, Ronhill Running Stretch Arm Pocket, CEP Running hat, tourist information material**, sponsor's t-shirt, bib number, timing chip, finisher's medal, water, juice, alcohol-free beer, cereal bar, banana, medical services, certificate of participation (on the official website).

8. **Payment**

a) **Deposit to the following bank account:**

National Bank of Greece
IBAN number: **GR 1601102170000021729618492** (M.E.A.S TRITON)
Swift code: **(BIC) ETHNGRAA**

b) **Online by credit card through the official website:**
www.thesshalfmarathon.org, www.thesshalfmarathon.gr

c) **Cash payment or payment via credit/debit card at the Central Offices of the Organization** (National Kaftanzoglio Stadium, Agiou Dimitriou Extension, zip code 54638)
Monday – Friday: 09:00 – 21:00
Saturday: 11:00 – 13:00

ATTENTION:

- Your participation will be valid and completed after the deposit of the participation fee after your registration. **Your full name must be clearly written on the payment receipt.**
- **Cancellations Policy:** Cancellations may be accepted only after written notification and only in case such a written notification is sent to the Organizing Committee before **September 17th, 2026**. After that date, no cancellation request is accepted. In case of confirmed cancellation, the registration fee is refunded to the applicant, given that 2 euros are deducted for operational expenses. The refunds are made about a month after the race
- **Invoices are issued within 30 days after the day of the race, only upon request and payment of 24% VAT, according to Greek legislation.**

9. Managing Personal Belongings

Runners should place their personal items and clothing in the special special bag they will receive from the Registration Center.
ATTENTION: The **BIB number** should be **clearly written** on the bag, which is not suggested to contain any traveling documents, precious items, money, or medicine. The Organizing Committee bears no responsibility for the loss of precious items. The organization has no responsibility for safekeeping runners' drinks. **No bags will be accepted at the starting point except for the event's special special bags.**

HANDING OVER – PICKING UP PERSONAL ITEMS

Halfmarathon: Runners will have to hand over their special bags at the specially designated point located at the entrance of 26th October Street (Courthouse area). After finishing, bags are collected upon presentation of the participation number - bib number at Aristotelous Square (finish area).

10.000m: Runners will have to hand over their special bags at the specially designated point located at the entrance of 26th October Street (Courthouse area). After finishing, bags are collected upon presentation of the participation number - bib number at Aristotelous Square (finish area).

Note: A warm-up area for participating runners (a 500 m zone) will be set up along the stretch between the clothing drop-off point for the Half Marathon and 10 km runners and the start area of the two races.

5.000m: Runners will have to hand over their special bags at the specially designated point located at Aristotelous Square. After finishing, bags are collected upon presentation of the participation number - bib number at the same point.

Family Mile: Runners will have to hand over their special bags at the specially designated point located at Aristotelous Square. After finishing, bags are collected upon presentation of the participation number - bib number at the same point.

Medical Services

Runners participate in all races on their own responsibility.
The organizers are not responsible for anything that may happen during the race, concerning health issues due to lack of preventive medical check.
It is highly recommended for athletes to proceed to all the appropriate medical examinations. The organizers will not ask for medical assurance, as all the athletes participate on their own responsibility and the under-aged athletes on their guardians' responsibility.

10. Support Stations

14th INTERNATIONAL THESSALONIKI NIGHT HALFMARATHON

Zénith Κορυφαία ενέργεια.

FEED & SUPPORT STATIONS

HALFMARATHON	Αφετηρία	5km	7.5km	10km	12.5km	15km	17.5km	Finish Line
Bottled Water (AYRA)	✓	✓	✓	✓	✓	✓	✓	✓
Energy Drink (POWERADE)			✓			✓		✓
Energy Gel (SQUEEZY)				✓				
Juice (Amita)								✓
Ice Tea (tuvunu)								✓
Cola Refreshment (COCA COLA)								✓
Alcohol free Beer (VERGINA)								✓
Salted Snack (sticks TSAKIRIS)							✓	
Protein Bar (Rice Up)								✓
Banana (CHIQUITA)								✓

10km	Start	5km	7.5km	Finish Line
Bottled Water (AYRA)	✓	✓	✓	✓
Juice (Amita)				✓
Alcohol free Beer (VERGINA)				✓
Banana (CHIQUITA)				✓
Protein Bar (Rice Up)				✓

5km	Start	Finish Line
Bottled Water (AYRA)	✓	✓
Juice (Amita)		✓
Alcohol free Beer (VERGINA)		✓
Banana (CHIQUITA)		✓
Protein Bar (Rice Up)		✓

1mile	Start	Finish Line
Bottled Water (AYRA)	✓	✓
Juice (Amita)		✓
Alcohol free Beer (VERGINA)		✓
Banana (CHIQUITA)		✓
Protein Bar (Rice Up)		✓

There will be chemical toilets at the start, at all the support stations and at the finish.
There will be medical support at the start, at all support stations and at the finish.

11. Doping Control

According to the regulation, ESKAN will conduct anti-doping control in the **Halfmarathon Race**.

12. Finishing time limit

The time limit for the **Half Marathon** is three hours, the time limit for the **10km Health and Power Walking Race** is 120 minutes and the time limit for the **5km Health and Power Walking Race** is 90 minutes. The time limit for the **Family Mile** is 20 minutes.

15. Electronic time control – results

15.1. Electronic time control

The results of all races and the electronic time control will be conducted by an official cooperating company. Thus, all the runners should wear the bib numbers with the time control chips, which they will get at the Registration Center.

Carpets of electronic control and time check:

Half Marathon: at the start, at the reversal point at the end of Megalou Alexandrou Avenue, Politechniou Street (Courts) and the finish.

10km Health and Power Walking Race: at the start, at the reversal point at the end of Megalou Alexandrou Avenue, at the Politechniou Street (Courts) and the finish.

5km Health and Power Walking Race & 5km Women Run: at the start, Politechniou Street (Courts) and the finish.

Family Mile Race: at the start and the finish.

Runners that don't have electronic indication at the points referred above will be cancelled.

15.2. Results

Unofficial results will be announced on our official website after the end of the Race, giving the opportunity to any runner to raise any objections within the next five days. The official results for all categories will be announced on our website about fifteen workdays after the race. Afterwards, the participants can print the certificate of participation on the official website (**www.thesshalfmarathon.org** and **www.thesshalfmarathon.gr**).

16. Registration Center and numbers (bibs) pick up

Place: Will be announced soon on the official website www.thesshalfmarathon.org

Thursday 15.10.2026 and on Friday 16.10.2026 from 10:00 to 19:00,

and on Saturday 17.10.2026 from 09:00 to 11:00.

The runners must pick up their registration number (bib number) and the runner's pack **exclusively** from the Registration Center.

17. General Terms and Conditions

- Only runners that have officially and on time registered for the event can participate in the race.
- The event takes place the day and time that has been announced as such, regardless of weather conditions. Only in cases of exceptional circumstances or other force major incident, MEAS TRITON the Organizing Committee of the event have the right to decide on the postponement of the start time or the cancellation of the event, depending on current conditions. In such cases, the registration fee is NOT refunded to the registered runners.
- MEAS TRITON and the Organizing Committee of the event have the right to change the event's schedule, the terms and conditions regarding participation and staging of the event, without prior notice, by posting such a decision on the website of the event.
- The personal data declared by the participant upon submission of entry form are true and correct. In case the entry form is submitted by a third party, it is granted that the participant consents to his/her personal data being given to the Organizing Committee of the event by the third party.
- Participants agree that their personal data are given to third parties for reasons related to timing, results' ranking, and announcement on the internet. Personal data of the participants required during the registration procedure are stored and will be used for purposes only related to the staging of the event. By submitting an entry form, each participant consents to the storing of his/her personal data and its use for the purposes of the event.
- Participants consent to the use of their image during the race by the organizers, sponsors, or other partners of the event for promotional purposes, with no right to claim full or partial compensation for that reason.
- By agreeing to the current Terms & Conditions, the participant consents to his/her photos being taken by the event's photographers and the Official Photo Agency of the event. The event is being filmed, recorded, and exploited by means of television, film, video, or some other broadcast or media format. The participant agrees to the use and reproduction of his/her name, likeness, appearance, and photograph. All such commercial rights in relation to the above belong entirely to the organization and the participant has no proprietary rights in relation to any film, photograph, or

other such recorded media, nor the right to claim full or partial compensation for that reason.

- The photos and videos of the participants are uploaded on the website of the Official Photo Agency of the event, they are visible by the public and remain as such without time limitation. Any photographs may be purchased online following the event, through the website of the event's Official Photo Agency. In any case, the participant may contact the Organizers for any issues related to the processing stated in the current clause/paragraph.
- MEAS TRITON and the Organizing Committee have the right to suspend, or close registration without prior notice. In addition, MEAS TRITON and the Organizing Committee have the right to withdraw the provision of the advanced and full participation package without prior notice.
- Registration to any of the races is possible only through the online registration platform available on the official event's website, or by any alternative way indicated by the Organizing Committee.
- Race bibs and kits are personally collected by the registered runners themselves and only from the event's Registration Centre during the days and hours announced. The registered runner needs to present a valid identification document (ID card, passport, etc.). A registered runner may authorize another person to collect his/her race bib on his/her behalf from the event's Registration Centre, as mentioned above, presenting an authorization by the registered runner on the responsibility, of the latter, as well as a copy of the ID card or other legal identification document (for example passport, driving license) of the registered runner.
- In order to collect race bibs and race kits, it is required, in addition to presenting ID card or other legal identification document (eg passport, driver's license) of the registered runner, to also present a copy of the "bib number notification e-mail" that states the runner's race bib and is sent to all registered runners.
- Participants are obliged to strictly follow the instructions of the organizers, volunteers, and event staff, including calls to abandon the course and stop the race.
- Any breach or non-compliance with the race regulations announced by the international regulations of AIMS and IAAF result in the disqualification of the participant from the event and erasure from the race results without any kind of compensation.
- The race bib is personal and may not be conveyed, transferred, or given to another runner under any circumstances.
- Participants are obliged to read and respect the instructions provided by the Organizing Committee of the event, either electronically, or in printed format (such as Medical & Technical Instructions, Race Manual) and which have been announced on the official website of the event.
- Every participant is obliged to fill in, on his/her own responsibility, the data required at the back side of his/her race bib, whether it is relevant to contact information or personal medical data.
- Use of bicycle or other wheeled means is not allowed on the race course, whether it is about a runner or another accompanying person. In such a case, the directly

involved participant is excluded from the race and is called upon to withdraw from the event.

- The official time is the time from the starting gunshot. The net time is the time from the moment the participant passes the mat at the start line until he/she crosses the relevant mat at the finish line.
- The race classification results from the official finish time. The net and split time is announced only for the information of the runner.
- MEAS TRITON guarantees that it does not collect, submit, save, use, replicate, transmit, disperse, and generally process the Personal Data in any other manner or form except for those which are absolutely necessary for the accomplishment of its obligations.
- MEAS TRITON guarantees the confidentiality of the Personal Data processing and ensures that the processing is conducted exclusively by absolutely necessary and explicitly authorized individuals.
- MEAS TRITON receives the appropriate technical and organizational measures in order to ensure the appropriate level of security to protect the subjects against the risks and to use the available means of cryptography, anonymization, pseudonymization, firewall, portals, etc to ensure compliance with the principles of confidentiality, integrity, availability, and reliability of the processing of Personal Data, so the processing to meet the requirements of the European General Data Protection Regulation and national legislation.

18. Contact

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EMAIL: info@thesshalfmarathon.org
WEBSITE: www.thesshalfmarathon.org και www.thesshalfmarathon.gr

On behalf of the Board of Directors of MEAS TRITON

The President

Nikolaos Konstantinidis